

## **CHURCHDOWN VILLAGE**

## **BOWLS CLUB**



### **2024 BROCHURE**



### CHURCHDOWN VILLAGE BOWLS CLUB



This brochure is intended to give you an overview of Churchdown Village Bowls Club, and includes a brief guide to the sport of bowling. The club is a friendly mixed bowling club, with teams in three Gloucester leagues plus a full programme of friendly fixtures during weekends and midweek.

#### **OUR LOCATION**

Located in the heart of Churchdown, at Church Road, Churchdown, Gloucester, GL3 2ER behind Churchdown Club with plenty of free car parking to the rear.

The Club was established 2021, with just a few members but now has a membership of 45. As a friendly club, welcoming all, regardless of age, disability, gender or ethnicity, it will continue to grow and provide an opportunity for newcomers and experienced bowlers alike to enjoy the sport in beautiful surroundings.



The Club has one of the best landscaped grounds of any club in the area with stunning views towards Churchdown Hill. The scenery with the sunshine offer a very relaxed and enjoyable setting for playing bowls.

The club's green is well maintained and can be damaged by inappropriate footwear; therefore, all bowlers are advised they must wear flat soled shoes.

The Club is a section within Churchdown Club; therefore, membership of Churchdown Club is a pre-requisite to membership of Churchdown Village Bowls Club.

#### **INTERNAL COMPETITIONS**

The club organises internal competitions, Ladies Singles, Ladies Pairs, Men's Singles, Men's Pairs, Novice, Mixed Pairs (2 woods), Mixed Triples

They are all drawn knockout matches and details of each competition with names, dates to be played by and results of matches will be posted on the competition notice board in the pavilion. To enter the internal competitions, you need to complete the application form at time of membership renewal/joining and pay the entry cost of £2 for each one.

#### Finals day for each season will be displayed in the Pavilion and also on the Entry Forms.

You should not enter a competition if you are unable to play in the final.

#### PRACTICE

The green is available during the afternoons and evenings, when there are no competitions, for any member to "rollup" and play bowls. This can be with a fellow member or just arrive and join someone who is already practicing on the green. If you are performing a solo rollup then you can develop a specific skill. If you join a fellow member, then you can help each other develop a skill by suggesting a technique.

#### ROLL-UP

The Club organises members rollups on Tuesday and Friday evenings. Once everyone has arrived a draw takes place to determine which rink you will be playing on and who will be your team mates. What competition is played depends upon numbers attending. This is a fun evening with an element of friendly competition. It is an excellent opportunity to meet up with fellow members and also to ask for any help or advice.

#### **EXTERNAL COMPETITIONS**

The club has teams in 3 leagues as follows:

- Men's Gloucester League played Sunday am.
- Ladies Glos league played Tuesday eve.
- Mixed Glevum league played Thursday eve.

#### SUPPORT AND ADVICE

The Club has lots of friendly members who will be happy to join you in a "practice" match and explain the basics of bowling. Some members are very experienced, and could teach you certain techniques. During any competition other members of your team will happily suggest a route that is best for your wood.

We also have coaching members to help you if you wish.

#### DRESS CODE

The club has a dress code as follows:

- Midweek matches club shirt (white shirt until club shirt purchased), grey trousers or tailored shorts, ladies may wear skirts.
- Weekend matches club shirt (white shirt until club shirt purchased), white trousers or tailored shorts ladies may wear skirts.

If you would like to purchase a Club shirt, please contact the Club Secretary for up-to-date information regarding price, sizing and delivery times.

The club have a selection of bowls that are for those who do not own any bowls, and provides yellow and white jacks, mats, pushers and score boards.

The club has one mandatory request: -



#### ALL players must wear flat soled trainers

The green is very flat and any depressions or bumps within the grass will seriously affect how a bowl will roll.

#### **BRIEF GUIDE TO LAWN BOWLS**

The object of the sport of bowls is essentially simple.

It is played on a square of closely cut grass called; the green', which is divided into playing areas called rinks.

The green is surrounded by a small ditch to catch your bowls, referred to as woods, which leave the green, and a bank upon which markers indicate the corner and centre of each rink.

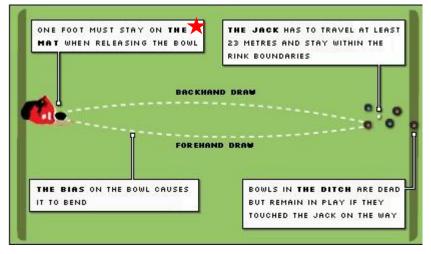
The bowls are referred as woods for reasons steeped in history. Woods were once made of wood, hence the name. Today bowls are made of plastic, or a resin composition.

Players take turns to deliver their woods from a mat at one end of the rink towards a small target ball referred to as 'the jack' at the other end.

The object is to get one or more of your woods closer to the jack than those of your opponents on each end.

Before delivery, a player should be standing on the mat with one foot fully on the mat. At the moment they deliver the jack or a bowl, the player should have all or part of the foot on or above the mat.

When you deliver the jack or bowl you should have all or part of your foot on or above the mat.



"Bias" is the key to the Sport of Bowls.

Bowls have a biased side that causes the bowl to run in a curve, a useful device which enables a wood to gain access to the jack even when it was hidden behind a forest of short woods.

★ This rule has recently been changed -- "One foot must remain within the mat area".

#### THREE SIMPLE STEPS TO BOWLING



#### STEP TWO

- Judge your ROUTE to the Jack.
- Again, not too difficult as you will be guided by a partner who stays near to the Jack.



#### STEP ONE

- Judge the DISTANCE to the Jack.
- This is the easy bit.
- During a game you will be able to cope with the distance.



#### STEP THREE

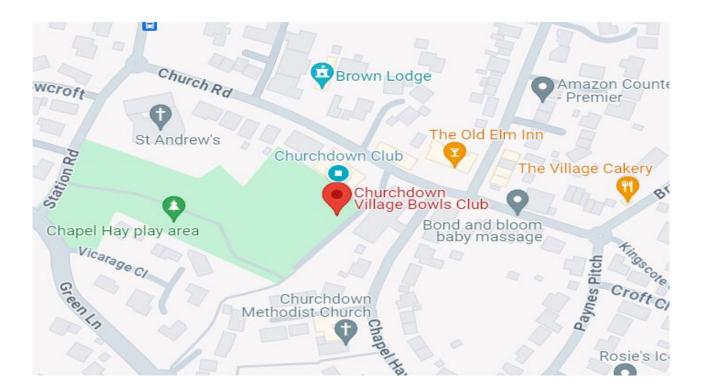
- Get CLOSE to the Jack.
- However, the other team may also be near to the Jack.
- Now we need a measure!!

Everyone should be able to realise the joy and benefit of playing sport, and there are so many reasons when bowls is ideally placed to unlock these fantastic advantages. Here are the top 5 reasons to give bowls a try:

- **Playing bowls is very doable**. Whatever your physique, bowls is a sport for everybody and it will help improve your fitness levels and mental wellbeing.
- **Bowls is not expensive**. To get going you don't need lots of new kit and clubs put on taster sessions for free.
- After football, bowls has the second highest number of clubs in the country. With so many places to play, it'll take no time at all to get to a bowls club close to your home.
- Compared to most sports, age and gender differences have less of an effect on a game of bowls, so it's a perfect sport to spend time and enjoy a bit of friendly competition with your family and friends.
- Bowls clubs are sociable places full of people looking to have fun, so bowls is a great way to relax, make new friends, and feel part of your local community.

#### **CONTACT DETAILS**

- Website:<a href="https://churchdownvillagebowls.com">https://churchdownvillagebowls.com</a>Email:secretary.churchdownvillagebowls.com@outlook.com
- Address: Churchdown Village Bowls Club, c/o Churchdown Club, Church Rd, Churchdown, Gloucester GL3 2ER



There are bus stops directly outside of the club. The bus routes are 97/98, run by Stagecoach Gloucester.

### <u>CHURCHDOWN VILLAGE BOWLS CLUB 2024 MEMBERSHIP FEES</u> – membership is paid annually, and you MUST be a member of the main Churchdown Club (separate cost)

Adult	_	An adult and any children under the age of 16 years	£80.00
Junior	_	Any person under the age 16 years old	£ 5.00
Novice	_	First year	£30.00

#### **CHURCHDOWN CLUB (main club)**

All Bowls Club Members must be a member of the Churchdown Club.

Churchdown Club membership details are available on their website. In 2023 they were:

Seniors£15.00;Adults£20.00 (the previous year's membership card must be supplied.

New members also pay an extra £5.00 for a membership card.

Their bar offers a full range of alcoholic and non-alcoholic drinks. Beers includes regular house ale, plus guest ale; lagers and a selection of wines. The Churchdown Club also provide meals and have a well-established reputation for s delicious roast on a Sunday. There are two main bar areas; a relaxed lounge area with comfortable seating and a sports area with pool tale, darts board and two sports screens. Outside there is a beautiful seating area overlooked by Churchdown Hill.

Churchdown Club website: Churchdown Club Tel No: https://churchdownclub.co.uk/ 01452 713122

### CHURCHDOWN VILLAGE BOWLS CLUB WELCOMES NEW PLAYERS/MEMBERS REGARDLESS OF AGE, DISABILITIES OR GENDER

# COME AND HAVE SOME FUN JOIN US

Website: <u>https://churchdownvillagebowls.com</u> Email: <u>secretary.churchdownvillagebowls.com@outlook.com</u>